

Safe use of Chinese medicines

Recently, the Department of Health (DH) received notification of a case of adverse event after consuming Chinese herbs prescribed by a Chinese medicine practitioner (CMP) in the Mainland. No prescription was given to the patient. She fully recovered after receiving treatment in a hospital in Hong Kong.

People often patronise CMP in the Mainland for health maintenance or treatment of illnesses. DH advises members of the public to consult reputable and qualified CMPs in the Mainland. People should not recklessly purchase Chinese medicines or prepare formulation for any illness. Besides, they should obtain the prescription after each consultation. Moreover, the Chinese medicines should be purchased from reliable retailers only. To protect your health, never consult unqualified CMP nor purchase any Chinese medicines from unknown source.

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Dec 2011